Ekonkar Kaur

ekhalsa@uw.edu

# EDUCATION

**Foster School of Business, University of Washington**  expected Jun 2024   
PhD in Organizational Behavior/Human Resource Management

* Chair: Ryan Fehr; Committee Members: Christopher M. Barnes & Crystal Farh; Graduate School Representative: Jonathan Kanter (Clinical Psychology)
* Dissertation topic:
  + Remotely well: Investigating the unique costs and benefits of virtual work for employees who experience depression.

**Fowler College of Business, San Diego State University** May 2016  
MBA, Marketing Specialization

**College of Arts and Sciences, University of Oregon** Mar 2013  
BA, Humanities, *magna cum laude*

# research:

Interests: Work/nonwork boundaries, mental health, wellbeing

**Publications**

* Barnes, Guarana, Lee, & Kaur. Using wearable technology (closed loop acoustic stimulation) to improve sleep quality and work outcomes. *Journal of Applied Psychology*.

**Revise & Resubmit**

* Kaur, Barnes, Butts, & Gabriel. Work and family domains (currently revising after 1st R&R at *Academy of Management Review*)

**Under Review**

* Kaur, Mariam, & Barnes. Mental health review paper proposal (under review at *Academy of Management Annals*)

**Work in Progress**

* Kaur & Fehr. Mental health disclosure and leader stigma, targeting *Journal of Applied Psychology* (data collection)
* Kaur, Barnes, & Tauscher. Mental health, digital therapeutics, and work outcomes, targeting *Journal of Applied Psychology* (pre-data collection)

# Teaching and Higher education experience

**Foster School of Business, University of Washington**  2020-present

* Sole Instructor Evaluations for Undergraduate MGMT 300 (Spring 2022, Winter 2023) (4.0 & 4.1 evaluations, respectively)
* TA Evaluations: Executive MBA 521A & B Winter 2022 (4.3 and 4.5, respectively)
* Teaching Assistant Experience
  + EMBA 521 (Executive-level management & organizations), TMMBA 510 (Technology MBA leadership class), MGMT 300 (undergraduate organizational behavior), MGMT 411 (undergraduate human resources), MGMT 579 (MBA-leading across cultures)

**College of Design, University of Oregon**  Sep 2016-Jun 2019 Sole Instructor (Adjunct Faculty) for Individual Branding Strategies Course

**Fowler College of Business, San Diego State University** Aug 2014-Jun 2016 Graduate Peer Advisor

# CONFERENCE PRESENTATIONS

* Coordinator for Symposium: No pain, no gain: Novel insights into a spectrum of wellbeing across vulnerable work experiences (*accepted for upcoming conference*: Academy of Management Conference, August 2023 in Boston, MA)
* Presenter for Symposium: Employee Mental Illness, Interpersonal Discrimination at Work, and How Human Resources Can Help (*accepted for upcoming conference*: Academy of Management Conference, August 2023 in Boston, MA)
* Coordinator for Symposium: Novel Perspectives on Mental Health in the Workplace (Academy of Management Conference, August 2022 in Seattle, WA)
* Presenter for Symposium: Novel Perspectives on Employees’ Work-Family Dynamics (Academy of Management Conference, August 2022 in Seattle, WA)

# professional memberships

* Academy of Management (AOM) 2020-present

# Other Experience

**Mountain Rose Herbs, Eugene, Oregon**  Nov 2016-Jun 2019 Marketing Strategist

**Almetta Natural Foods (Startup), Eugene, Oregon**  Summer 2016 Marketing Intern