Ekonkar Kaur

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EDUCATION

Foster School of Business, University of Washington Seattle, WA
PhD in Organizational Behavior Expected 2024

Dissertation: Work environment & mental health: Examining the unique impact of remote work settings on depressed individuals' work and nonwork outcomes.

Chair: Ryan Fehr; Committee Members: Cristopher Barnes and Crystal Farh; GSR: Jonathan Kanter (Clinical Psychology)

Fowler College of Business, San Diego State University San Diego, CA
Master's in Business Administration May, 2016

University of Oregon Eugene, OR
BA, *magna cum laude*, Humanities; Minor: Business Administration May, 2013

RESEARCH

Interests: Employee wellbeing, work/nonwork boundaries, mental health

Invited for Resubmission

Barnes, C., Guarana, C., Lee, J., & **Kaur, E**. [Sleep and Work Outcomes]. (1st Round R&R: *Journal of Applied Psychology*)

Under Review

Kaur, E., Barnes, C., Butts, M., Gabriel, A., [Work-Family Integration]. (Under first review: *Academy of Management Review*)

Work in Progress

Kaur, E. and Fehr, R. [Mental Health & Stigma]. (Data collection: Target Journal: *Journal of Applied Psychology*)

Kaur, E. and Barnes, C. [Depression & Digital Therapeutics]. (Preparing for data collection. Target Journal: *Journal of Applied Psychology*)

Kaur, E., Mariam, M., and Barnes, C. [Mental Health and Work Review]. (Literature review. Target Journal: *Academy of Management Annals*)

CONFERENCES

Kaur, E. *(2022, August).* Novel Perspectives on Mental Health in the Workplace. *[Symposium Organizer]. Academy of Management Annual Conference, Seattle, WA, United States*

Kaur, E., Barnes, C., Butts, M., Gabriel, A. *(2022, August).* [Work-Family Integration]. *Academy of Management Annual Conference, Seattle, WA, United States*

TEACHING

Foster School of Business, University of Washington 2020-present

Sole Instructor: MGMT 300, 4 credits (Spring 2022, evaluations: 4.0/5)

Teaching Assistant for EMBA 521 (Winter 2022, evaluations: 4.3/5 & 4.5/5, Winter 2020: evaluations 4.3/5), TMMBA 510 (Winter 2021, evaluations: 4.0/5), MGMT 300, MGMT 411, MGMT 500

College of Design, University of Oregon Fall 2016- Jun 2019

Adjunct Faculty Instructor for online Individual Branding Strategies Course, 1 credit
• Increased average rating from 3.2/5 (under previous instructor) to 4.5/5
• Instructed ~30 students (per term) from all disciplines, graduate and undergraduate

EXPERIENCE

<u>Higher Education</u>

Fowler College of Business, San Diego State University Aug 2014-Jun 2016
Graduate Peer Advisor, assisted with MBA admissions and advising

<u>Business</u>

Marketing Strategist for Mountain Rose Herbs (Natural Foods) Nov 2016-May 2019
Marketing Intern for Almetta Natural Foods (Family Startup) 2016-2017