Leadership is both an art and a science. It is a way of thinking and behaving, as well as a set of skills that can be developed and honed throughout a lifetime. The objective of this course is to help students to understand their leadership journeys by reflecting upon and framing their life stories, experiences, and crucibles to date. In addition, this course will equip students with conceptual frameworks and skills development opportunities to realize their full leadership potential in personal and professional settings.

To meet our objectives, this course is designed as a workshop. In each session, we will use a variety of instructional methods – readings, lectures, exercises, cases examples, and class discussion – to explore new content pertaining to effective leadership. Students will have the opportunity to deeply reflect on their own leadership experiences and challenges, and help develop others’ leadership in their Leadership Development Group (LDG). These groups enable students to discuss personal materials in a more intimate group setting and to encourage a higher level of openness and reflection than may be possible in the class setting.

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