# LEVERAGE YOUR INTERNATIONAL EXPERIENCE





# **STUDY ABROAD TIMELINE**

- 1. Pre-departure
- 2. While Abroad
- 3. Returning Home



### **Pre-departure**

- Research host country's culture
- Resume review
- Put together a Study Abroad Career Plan
  - Set learning outcomes specific to career goals
  - Brainstorm a list of learning activities:
    - Connect with professors
    - Conduct informational interviews
    - Job shadow
    - Network
    - Volunteer/internship







### While Abroad

#### MAXIMIZE YOUR EXPERIENCE!

- Plan and participate in learning activities
- Recognize trigger moments
- Reflective journaling/blogging
- Stay connected to Foster Career Services
- Study abroad experience & career integration mentality





## **Returning Home**

- Debrief and reflect
- Apply new experience to your internship/job search
- Practice sharing your study abroad experience
  - Mock Interviews
  - Friends & Family
  - Info sessions









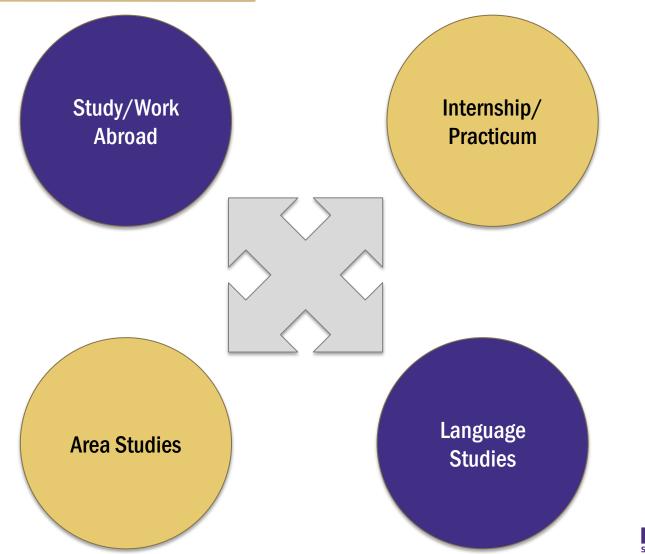


# **CAREER SKILLS**

Differentiate yourself through your experiences



### Your international experience includes:





### What do employers value?

Critical thinking	Ability to communicate clearly
Solve complex problems	Intercultural skills & understanding

Working with diverse people

\*Source: NACE Leveraging Education Abroad for Employability webinar



#### Potential skills through international experience



\*Chapman, V.V. (2012). "Maximizing the Career Development of Students Who Study Abroad." National Career Development Association. Career Convergence Magazine. http://associationdatabase.com/aws/NCDA/pt/sd/news\_article/59803/\_PARENT/layout\_details\_cc/false



### **Activity: International Experience Story Bank**

1) Brainstorm stories in different sections and list skills/competencies demonstrated.

Identity development	Autonomy & competence	Flexibility & adaptability	Interpersonal Skills
Language development	Cross-cultural communication & sensitivity	Career awareness in global context	Self-confidence
	Problem solving	Additional skills?	

- 2) Share a few of your stories with a partner are there any skills/competencies you overlooked?
- 3) Be prepared to share with the larger group an example of a story and the corresponding skills/competencies.



## **RESUME & COVER LETTER**

Articulate your international experience on paper



### Resume

• Include study abroad under Education

Start with an action verb

• International Experience – Volunteer Experience, Related Experience, International Experience, Other Experience

Add information to provide context (type of event/program, situation, idea, documents, roles/responsibilities)

> Look for opportunities to include metrics, value add & accomplishments



## Magnify your experience

Differentiate yourself!

• Include what you learned, gained, accomplished while abroad

#### **EDUCATION:**

Foster School Shanghai Program – 4-week Study Abroad

• Gained an international perspective on Chinese manufacturing operations and accounting through inclass activities and participation during 5 Chinese company site visits.

#### **EXTRA-CURRICULAR ACTIVITIES:**

**Global Business Case Competition – Spring 2015** 

Seattle, WA

August 2013 – January 2014

Summer 2014

- Addressed strategies to increase client's profits in a 15-minute pitch resulting in 2<sup>nd</sup> place
- Led a team of 4 on competitor research and analyzed industry trends to support the strategy plan

#### **VOLUNTEER EXPERIENCE:**

English Tutor, Ecole élémentaire publique; Lyon, France

- Created and taught daily lesson plans to practice English skills for 15 students, ages 7 to 9
- Strengthened French communication skills through interaction with students, parents, and tutors
- Integrated cross-cultural learning through weekly activities, including multi-lingual guest speakers



### **Activity: Personalize your resume**

- 1) Skim through the entire job description (last page of handout).
- 2) Highlight the desired skills/competencies; identify any keywords or qualities emphasized in the job description.
- 3) Select one skill/competency and pick an example from your story bank that best illustrates the skill.
- 4) Write a bullet point. Format your bullet point statement as:

#### Action verb + Details of task/responsibility/project + Result/value added

- 5) Share your statement with a partner and ask for feedback.
- 6) Provide feedback on your partner's statement.



## What's in a cover letter?

#### 1<sup>st</sup> paragraph:

- Interest in position
- How you heard about position
- Body paragraphs:
- Relevant experience & accomplishments
- More details than resume
- Knowledge of company

### Final paragraph:

- Reiterate interest and qualification
- Ask for an interview

# What value do you bring to a company?





## **TELLING YOUR STORY**



## **Know Yourself**

**Evaluate the value of your international experience to the position** 

#### **Experience comes from:**



- Know what's on your resume top to bottom
- Everything is fair game for questions from interviewer
- Understand how your international experience differentiates you as a candidate



## Know the position

#### **Read the job description!**

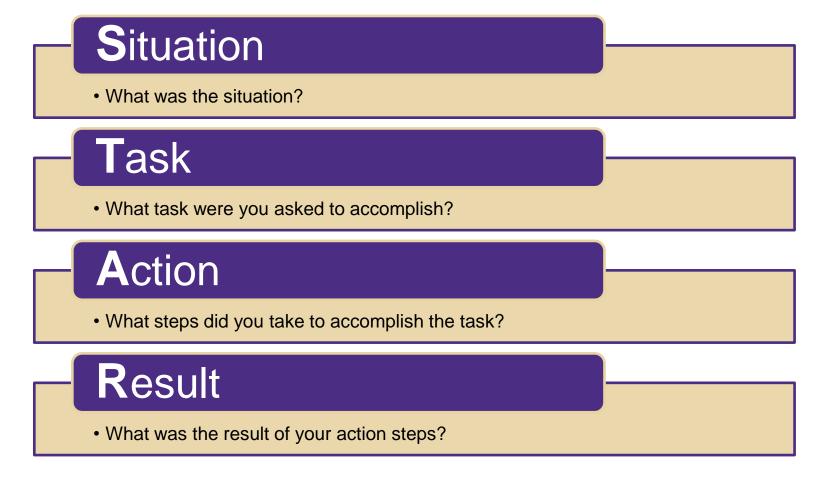
- Think about relevant skills/knowledge and previous experience matching the position
- Be ready to answer questions about these skills

Responsibilities, required skills and experience	Related experience (examples)
1. Ability to deal with complexity	1. Experience A
2. Written & verbal communication	2. Experience B
3. Cross-cultural competency	3. Experience C



### Tell me about a time...

#### Use the STAR technique to answer behavioral questions





# Tell me about a time when you dealt with people who had different work styles.

### Situation

Study abroad in Singapore

### Task

- · Class project with students from other countries
- Different work styles and habits

### Action

- Made effort to improve ability to work cross-culturally
- Sat down with 2 team members to understand what I could do better

#### Result

- Took initiative to learn how to work effectively with people of different backgrounds
- Challenged myself to work on improving my skills



## **Activity: Preparing for interviews**

- 1) Select an experience from your experience bank which demonstrates a skill from the job description
- 2) Format your answer following the STAR method
- 3) Practice telling your story to your partner
- 4) PARTNER: Listen to your partner's story and complete the STAR table based on their story
- 5) **PARTNER:** Provide feedback to your partner on their story:
  - a. Did the story follow the STAR format?
  - b. Could the answer be more concise? Or did it need more details?
  - c. Did the action steps address one of the skills in the job description?
  - d. Was a result clearly communicated at the end of the story?

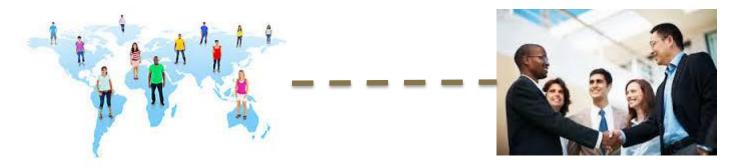


## What's your story?

- Conversation starter
- Interview question
- Find opportunities



#### It's your job to connect the dots for the employer!





### **Next Steps:**

- Study abroad career plan
- Debrief & reflect on international experiences
  - "We don't learn by doing, we learn by reflecting on what we've done"
- Resume & cover letter review
- Participate in mock interviews

Foster Career Coaches can help you! Make an appointment or stop by during drop-ins!



## **QUESTIONS?**

Natalie Chan Assistant Director – Foster Career Services Dempsey 212 (next door down from Academic Advising) Drop-ins: Monday – Thursday; 12:30-3:30PM Individual appointments: Monday-Friday; 8:00-4:30PM

